

Aqua Action



When: MONDAY & THURSDAY EVENINGS from June 29 - August 13, 2026*

**Where: Veterans Memorial Swimming Pool, WATERVLIET, NY
located on 2ND Avenue between Fifteenth and Sixteenth Streets,**

Time: 6:00-7:00 pm

***** Inclement weather may cause class to be cancelled; will be rescheduled if possible*****

Registration for All 14 Classes: Watervliet Residents \$42; Non-Residents \$60

Walk-Ins: \$6.50; Arrive by 5:50 PM to make payment

This **water aerobics class** will be a fresh alternative to land aerobics with minimal impact to the joints. This high energy workout offers cardio and muscular gains. The ability to swim is **not** required.

Experience how much FUN it can be TO GET FIT!!

****Classes are limited to age 18+ and to 50 registrations****

For information or questions, contact:

**Chris Chartrand, Secretary to the Mayor, at 518-270-3815 or
Marcia Partlow, Aqua Action Instructor, at poolcrzy@hotmail.com**

**Send registration form and check payable to "City of Watervliet" by JUNE 19 to:
Chris Chartrand, Watervliet City Hall, 2 Fifteenth Street, Watervliet, NY 12189**

2026 Registration Form for Aqua Action at Veterans Memorial Swimming Pool, Watervliet, NY

I, _____, hereby agree that I realize that participating in the Aqua Action water aerobics class is a potentially strenuous activity. I affirm that I am in good health and am physically able to participate in an exercise class such as water aerobics. I assume all risks associated with my participation in this class.

I do hereby further agree to be responsible for and hold the City of Watervliet, New York, its successors and assigns, harmless against any and all claims, suits or actions of any kind and whatsoever for liability, damages, compensation or otherwise arising out of the City of Watervliet allowing my participation in the Aqua Action class from **June 29, 2026 until AUGUST 13, 2026**, and any subsequent dates.

Enclose payment: _____ \$42 for Watervliet Residents; _____ \$60 for Non-Residents

Name: _____ Phone: _____

Full Address: _____

Email: _____

Signature: _____